

10. Please list any pets that are a part of your family:
11. Please list your brothers' and sisters' names and ages:
12. Where do you fall in the birth order? **1st 2nd 3rd 4th 5th 6th 7th 8th**
13. a. Is your mother still living? **Yes or No** And your father? **Yes or No**
- b. If both parents are alive, are they currently married? **Yes or No**
- c. If they are no longer married, how old were you when your parents separated or divorced?
- d. If one or both of your parents are no longer living, please provide the year in which they passed and the cause of his or her death:
14. a. How long have you lived in the state you currently live in?
- b. Where did you live before, and how long did you live there?
15. a. Please describe your current work or profession:
- b. What type of work did you do prior to this profession?
- c. Please list any degrees or vocational trainings you have completed and the fields they are related to:
16. a. Do you believe in God, Creator, Spirit, the Divine, or Consciousness? **Y or N**
If yes, please circle or list the names you use to refer to Spirit.
- b. Do you pray or talk to God/Spirit? **Yes or No**
- c. What current activities help to nourish your spirituality?
17. Would you like support or guidance in your spiritual life? **Yes or No**
18. Do you spend regular time in nature? **Yes or No**
19. a. Have you ever learned or practiced meditation? **Yes or No**

- b. Do you currently meditate? **Y or N**. If yes, what is the frequency and length of your meditations?
 - c. Have you participated in any meditation retreats? **Yes or No**
- 20.
- a. Have you ever learned or practiced yoga? **Yes or No**
 - b. Do you currently practice yoga? **Y or N**. If yes, how frequently do you practice yoga?
 - c. Have you participated in any yoga retreats? **Yes or No**
21. Other than prayer, yoga, or meditation, please mention here any other spiritually-based practices that you use:
22. Please briefly note here any spiritual experiences and the year in which they occurred (i.e., awakenings, kundalini openings, or near death experiences):
- 23.
- a. How is your current general physical health? **Excellent, Very Good, Good, Fair, or Poor**
 - b. Please briefly note here any current or past physical health concerns:
- 24.
- a. Do you currently use any mood altering substances (i.e., recreational drugs, caffeine, or alcohol)? **Y or N**. If yes, what type?
 - b. Please describe the quantity and frequency in which they are used:
 - c. Do you currently take any prescribed medication? **Yes or No**
 - d. If yes, please note the type of medication you are taking, and what it is for:
- 25.
- a. Do you currently exercise? **Y or N**. If yes, please list the type, frequency, duration of your workouts:
 - b. What is your height and current weight range:
 - c. Do you feel that you have a healthy relationship with food and your body? **Y or N**
 - d. If no, please briefly comment here (include past or current experience with disordered eating):

26. a. Have you had any prior psychotherapy or counseling? **Y or N**. Please briefly note any current or past mental health concerns:
- b. Are you currently seeing a psychotherapist: **Y or N**. What is the name of your therapist? _____. What year did you begin to see this therapist? _____.
27. Are you currently working with any alternative health care practitioners (i.e., Naturopath, Acupuncturist, Chiropractor, Herbalist, Massage Therapist or Energy Healer)? **Y or N**
28. Please list any emotionally- or physically-based hospitalizations that you have had (please include the reason for the hospitalization and your age at the time they occurred):
29. In brief, what issue or situation prompted your call to Elaine, EOF's spiritual teacher?
30. Are there additional concerns, issues, or goals you have for your Private Session?
31. Anything else you would like Elaine to know prior to your appointment?

Please read the following and sign at the bottom to indicate that you have read, understood, and agree to the policies and conditions of your session and any future work with EOF and its owner and spiritual teacher, Elaine Huang:

Barring an emergency or a situation that does not allow you to contact EOF in a timely fashion, there is a 48-hour notice of cancellation that is required in order to avoid paying the full fee of a session that you miss but had scheduled.

Information that is shared with EOF is kept confidential unless you are a danger to yourself or others, or if there is suspected child or elder abuse. If one of these circumstances is present, then some information may be released in order to attain assistance for the individual or individuals at risk for potential harm.

Elaine Huang, EOF's owner, is a spiritual teacher who through a spiritual and intuitive framework provides guidance and support to people during times of transition or challenge. There are opportunities for greater self-awareness and spiritual deepening that are woven into the situations we meet along our life's journeys. Integrating a spiritual perspective and tending to one's spiritual life can strengthen an inner resilience and a deep sense of wellness with which to meet life's movements.

Neither Elaine nor EOF is associated with any specific religion. Guidance is offered to people with a variety of religious and spiritual backgrounds. EOF specializes in support for people who are interested in enlightenment or awakening to one's true nature. Whether addressing a client's daily life issues or questions regarding an ultimate reality, the themes of truth and freedom consistently permeate the work Elaine does with people.

Elaine Huang, the owner and spiritual teacher at EOF, provided guidance as a psychotherapist for individuals and couples from 1992-1998. In 1999, she began to offer assistance to individuals as a spiritual teacher. Elaine uses her intuitive capacities so that the information brought to you in a session may serve as a reminder that there are always unseen forces of love and support at work and available to us. Incorporating Elaine's intuitive skills also provides a level of depth and efficiency in her work with you.

All suggestions, advice, or information provided by EOF and its instructor should always be assessed by you. The information brought to you during a session ought to feel "right" or resonate with you before you apply it to your life. Ultimately, you must be led by your own heart and judgment, and not by any external source. You are responsible for your own decisions and choices. As with all information you receive, it is up to you to evaluate and assess its relevance or application, if any, to your life.

Elaine does not claim 100% accuracy with her intuitive perceptions. Also, Elaine does not generally provide predictive information. In her opinion, future outcomes can be subject to change. She believes that the collective impact of our free will and choices can alter the course of certain future events. EOF and Elaine provide no guarantees, implied warranties, or assurances of any kind, and they will not be responsible for any interpretation or use of any information provided.

During your appointment, Elaine reserves the right to intuitively respond only to questions that in her professional judgment support you in your efforts toward continued growth and healing.

Unbeknownst to any of us, there may at times be intuitive guidance that is provided that takes you towards a different path, or ends in a different outcome than logically expected.

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Private Sessions are meant to be a supplement to wellness goals and are not a replacement for services provided by licensed medical, physical, or mental health care providers. EOF's services should not be used as a substitute or replacement of any medical or mental health treatment. These sessions are intended to offer spiritual understanding which can then potentially provide emotional ease and a more well-rounded decision making framework for the client. Information or advice obtained during a Private Session should not be a substitute for services provided by licensed professionals or advisors including but not limited to medical doctors, psychologists, psychiatrists, lawyers, and/or financial advisors.

EOF's instructor, Elaine Huang, is not providing these services as a licensed health care provider.

RELEASE

I understand and acknowledge that my use of any information provided to me is at my own risk and that EOF, its instructors, employees, directors, shareholders, officers, agents, or representatives ("Released Parties") assume no responsibility relating thereto. I hereby fully and completely waive and release the Released Parties from any and all actions, losses, claims, demands, injuries, damages, and liability which have resulted or may hereinafter result, arising, directly or indirectly, from services provided through EOF, including any emotional consequences, excepting however those arising from willful acts or the gross negligence of Released Parties.

I understand that the foregoing Waiver and Release is intended to be as broad and inclusive as is permitted by the laws of the State of Montana and if any portion is found to be invalid, the balance shall continue in full force. I hereby sign this waiver and release of liability and claims with full knowledge that I have given up substantial rights by signing this waiver and release.

Please review the enclosed rate sheet before signing below.

I have read, understood, and accept the above Release and policies in my work with EOF and its spiritual teacher, Elaine Huang.

Name (signature)

Date

Name (please print)

**Embodiment of Freedom, Inc.
1919 Fairway Drive #101
Bozeman, Montana 59715
(406) 582-8694**

Private Session Rates

30-minute spiritual consultation - \$75.00

45-minute spiritual consultation - \$105.00

60-minute spiritual consultation - \$125.00

75-minute spiritual consultation - \$156.00

90-minute spiritual consultation - \$187.00

120-minute spiritual consultation - \$250.00

For a couples session please add \$25.00 to the above rates

Overtime rate - \$2.25/minute

The above sessions are available in person or over the phone. Please email or call to schedule an appointment (texting is not available).

If you are scheduled for a phone session,
please call Elaine at the above phone number at the time of your appointment.

Payment by check or credit card is accepted.
If paying by credit card, please add 3.5% to the above rates.

If you are coming in person for your appointment:

- (1) Directions to EOF's office: From Main St. drive up Willson Ave. (heading south) toward the college campus; make a left onto Kagy Blvd.; then take your second right onto Fairway Dr.; make an immediate right into the parking lot of the Westridge Center. It is a light brown building with green trim and a green roof.
- (2) Please have a seat in one of the two chairs by the building's front door while waiting for Elaine to come out and get you for your appointment.
- (3) Please note that Elaine has three alters as well as a tarot deck in her office.
- (4) You are welcome to tape your session. Please bring your own regular size 60-minute or 90-minute tape with you. There will be paper provided if you would like to take notes.

THIS SHEET IS FOR YOU TO KEEP
Thank you for filling out, signing, and returning your intake form!

For EOF's current class and retreat schedule, please visit: www.mayyouawaken.com

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Client Copy
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